

153 Gymleco fixed bench 70°

100 series Basic equipment



A simple fixed bench for sitting workouts with a 70 ° angle on the backrest. Suitable for eg. biceps curls and triceps curls with dumbbells or shoulder presses etc. Short backrest for free space behind the head during, for example, tricep training.

- Stable and sturdy bench with rubber-covered feet
- Standard frame color: black
- Standard color cushion: black / red

Lenght	Width	Height	Weight
76 cm	40 cm	92 cm	19 kg

No maintenance needed
Clean with gentle detergents

Gymleco®